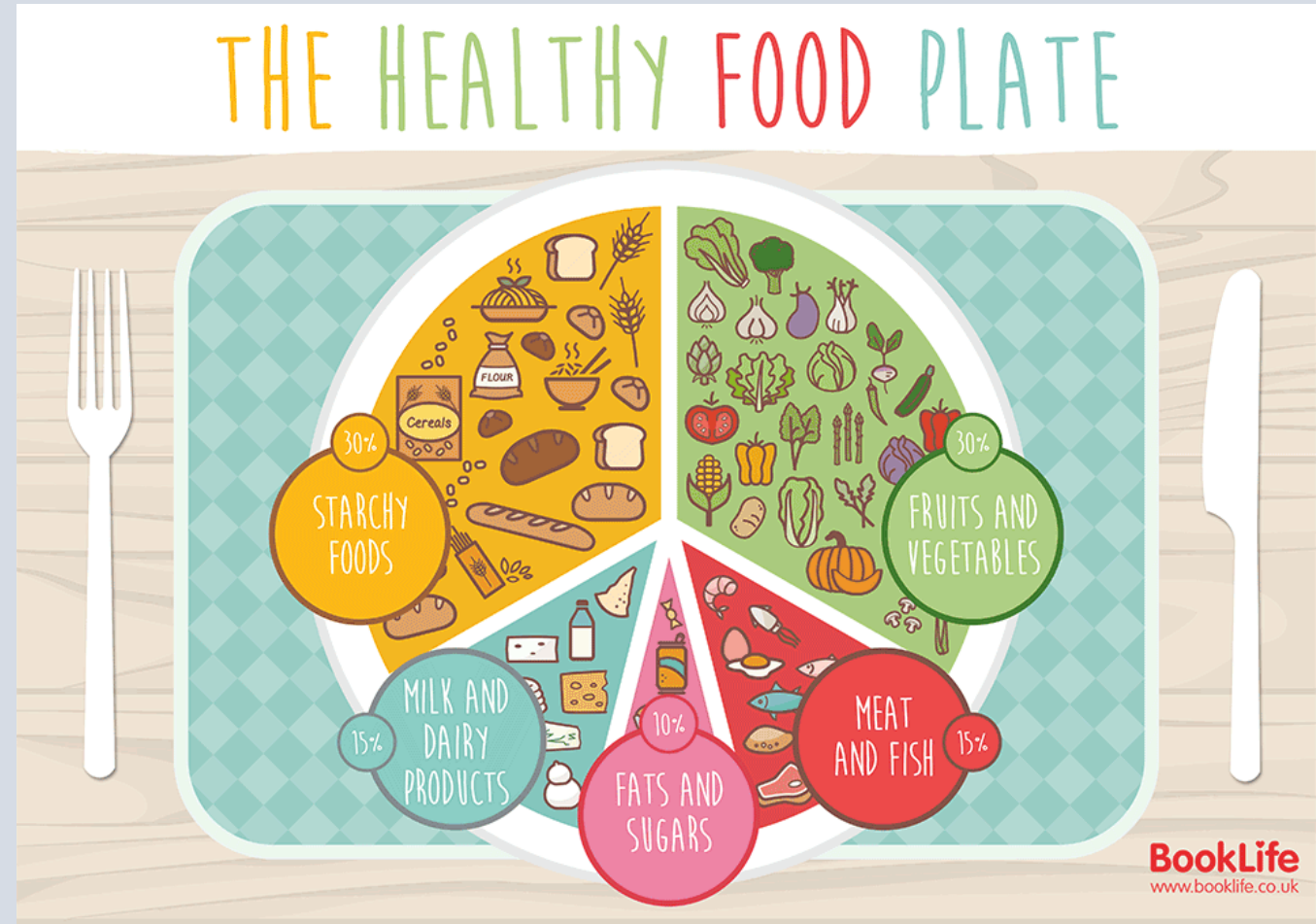


Thursday 25th February

Design & Technology

A Healthy Snack



L: Plan a healthy snack.

This week, we are going to plan our healthy snack.

Requirements:

- It must contain fruit or veg.
- It must not require cooking (edible raw).
- It must contain ingredients that you can chop easily.
- It must not contain nuts.
- It must be suitable as a child's snack.

For even more inspiration, simply google 'fun fruit/vegetable snacks for kids'.

Fun Ideas



Planning

Complete the planning sheet.

Pay close attention to what ingredients and equipment you will need, ready to make your snack next Thursday.

Either print and write on the sheet or create your own that looks like this.

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Design What will your snack look like?	Ingredients What will you need to make it? •
Method How will you make it? 1)	Equipment What equipment will you need? •