Personal, Social and Health Education (PSHE) Curriculum

Greswold Primary School

Subject Intent

At Greswold, we believe that PSHE is crucial to enable every child to have an age-appropriate toolkit of knowledge and skills that will help them navigate their world and keep themselves safe. We want them to be able to develop positive relationships with themselves and others, whilst building their resilience and nurturing their mental and physical health. Our aim is to provide pupils with empowering opportunities to boost their self-esteem and confidence by promoting mindfulness. SMSC is at the heart of our PSHE curriculum which gives children specific opportunities to explore and respect the range of attitudes and British Values in society and school values (BRICKS). By the end of their time at Greswold, children will have a range of skills which prepare them to be successful, independent citizens both personally and socially in modern times who can belong to their communities.

Personal & Social Development in the Early Years

The main elements of this area of learning focus on belonging, independence, emotional and social wellbeing and children being able to identify and regulate their feelings. Children become settled in their environment through home visits, transition days and getting to know the individual child. Once settled we encourage self-confidence by demonstrating respect towards others through listening to them and valuing each individual. Children are introduced to the school values and these allow clear expectations and boundaries to be set. They develop the ability to make their own choices at every opportunity, from choosing their lunch, when they wish to take their snack, if they want to learn indoors or outdoors and the activities they wish to carry out. Through working in a variety of ways children are exposed to collaborative situations and learn to develop their peer relationships. They are given responsibilities such as tidying areas of the classroom, corridor monitors and sharing out equipment. We celebrate positive behaviours and use children as role models for one another.

Our PSHE curriculum (The Story Project) focuses on emotional literacy, wellbeing and personal development. The high-quality texts help the children to understand and apply key concepts related to managing emotions, relationships and personal safety, contributing to a positive impact on their overall development. The Story Project supports the development of wellbeing, literacy and oracy skills. Each lesson includes emotional vocabulary training and emotional regulations skills. The learning supports children's wider character development, oracy, emotional regulation, mental health and wellbeing skills. Pupils will be supported with developing personal skills needed to be happy, confident , resilient and empathetic young people. The Story Project supports Greswold's wider safeguarding strategies helping children to feel safe, seen and heard while supporting the prevention of bullying.

An overview of objectives, outcomes and progression can be found in The Story project document in the curriculum folder.

The Greswold Personal & Social Citizen

The Greswold...

Personal & Social Citizen

Demonstrate compassion, kindness and supportive of others.



Understanding of own behaviours and that of others.

Spiritually, morally, socially and culturally aware.

Recognise and be respectful towards everyone's differences.

Demonstrate awareness of community and society to build a sense of belonging.

Develop knowledge and strategies to be independent in situations e.g. health and safety.

Understand that choices affect family, friends and the world e.g. when you're angry or sad you're more likely to make poor choices.