

Mission to space

Tim – first British European Space Agency (ESA) astronaut to visit the International Space Station(ISS)

Trained for years before going into space

His mission – Principa – named after one of Sir Isaac Newton's books

He launched on a Soyuz rocket on 15 December 2015 with crewmates Tim Kopra and Yuri Malenchenko. It took 6 hours to get to ISS

Had to get used to life in space

Spent 6 months in space

Spent lots of time doing experiments – over 250

Responsible for the day-to-day running of the ISS

Had to help with cleaning the ISS

15 January – completed a 4 $\frac{1}{2}$ hour spacewalk to replace a power regulator – first by a British astronaut

24 April – completed the London marathon on a treadmill, taking 3 hours 35 minutes

29 April – piloted a space rover on Earth

Throughout his time – made calls to schools and spoke to people on Earth including his family

He was honoured by Queen Elizabeth II while in space

18 June 2016 – Mission finished and he left ISS

Journey to Earth took 3 hours and he landed in Kazakhstan

After space

Took Tim 2 months to get used to Earth's gravity

Since returning home – written three books about space

Works to promote science education

Promotes the Scouts and the Princes Trust

Spends time with his sons – hiking and exploring

Enjoys skiing and mountain climbing